

Creamy Stroganoff with Mushroom and Kale

This creamy, vegetarian take on a classic hearty dish uses Bison Sour Cream and is simple to make, full of simple ingredients, and simply... delicious.

Seruings **4**

Prep Time 15m Cook Time 35m Total Time 50m

Ingredients

- 1 cup Bison Sour Cream
- 2 Tbsp extra-virgin olive oil
- 1 medium white onion, chopped
- 2 cloves garlic, minced
- 2 portobello mushrooms, cleaned, stemmed, and sliced into ½ inch strips
- 1 tsp smoked paprika
- 1 Tbsp all-purpose flour
- $1\frac{1}{2}$ cups vegetable stock
- 1 Tbsp tomato paste
- 1 bunch kale, stemmed and chopped
- 1 bay leaf
- ½ bag egg noodles

Coarse salt

Freshly ground pepper

Instructions

- Heat oil in large skillet over medium-high heat. Add onion and sauté for 4 minutes, or until softened. Add garlic and mushrooms, season with smoked paprika and a pinch of salt and pepper. Sauté for 3 more minutes, until mushrooms have softened.
- 2. Add flour to skillet, toss to combine. Then add the stock and tomato paste. Stir until paste dissolves. Add kale and bay leaf, simmering 5 to 10 minutes until soft.
- 3. In a medium-sized pot, bring water to a boil and cook egg noodles until al dente, about 5 minutes. Drain and add to the mushroom skillet.
- 4. Add Bison Sour Cream and stir to combine. Remove bay leaf. Serve and enjoy!

